



The Twelve Chakra System



## The Pink Chakra

*This is Article Number 8 of a 13 part series on “The 12 Chakra System” (which is also the title of Article Number One –the April '06 featured article). All past articles can be found at BodyMath.com under “Articles and Archives”, with Article Number One providing the context, overview and history of this system. Then starting with Article Number Two, each of the 12 chakras will be presented in order and in much greater detail than presently found at BodyMath.com. For the most part, the articles on each of the 12 chakras will follow the same format with a general overview presented first, followed by more specific information regarding the significance of the given chakra in each of the 4 bodies of the aura. Examples illustrating practical application of the concepts involved will be drawn from actual case studies to help make the information more real and less theoretical. There will be a greater individual emphasis given to the first 6 chakras (Red up through Green), with these articles being a bit longer and more in-depth, as these chakras are without a doubt the ones needing the most healing for us to become whole again, both individually and ‘planetarily’ as a species. More collective or universal information and commentary will then be included with the last 6 articles (on Opal up through Violet), which have even more global implications for the entire planet.*

\* \* \* \* \*

*Please note that this 8<sup>th</sup> article is technically out of order, as Opal should come after Green and before Pink. However Pink is being offered here ahead of Opal, since Green and Pink are the Yin and Yang of the heart chakras, and Opal is the balance between them. Thus to better understand Opal, one would benefit by reading about Green and Pink first. There is also included a “bonus” article, “Virtues of the Heart”, as January ‘07’s featured article giving an overview of the three heart centers. There was no article offered for December ‘06.*

## The Pink Chakra’s Big Picture



The Pink Chakra is the right/yang/male side of the heart and is located several inches above the right nipple in the center of the pectoral region. Its functional domain includes the right lung and respiration in general (thus encompassing the function of both lungs), the vena cava which brings the blood back to the heart, the right arm, shoulder, right side of the chest, neck, face and right eye.

Pink embodies great compassion and unconditional love. When chakras become damaged, the Pink will often be the first to go down and the last to come back up. People with the Pink Chakra present in their spiritual body make up a very small percentage of the population. These people would typically give their shirt right off their back to *anyone* they thought needed it, without thinking twice. The classic adjective to describe “Pink people” is *sweet*. Jesus up on the cross in pain, yet still loving those who put him there, is a good archetype for the Pink Chakra. Often times touching the skin of those with Pink in their spiritual layer can feel like one’s hand or fingers can just melt right on through; and the handshake of a “Pink person” will feel extremely soft and subtle. There are those with Pink in their spiritual body who have a very hard exterior due to the amount of walls they thought they had to erect in order to protect their heart. However, these same people will be true “softies” or sweethearts on the inside, if one is able to get around their hardened exteriors.

The Pink, like the Green and Opal, has great healing potential because they are all heart centers from where all healing originates. The arms and hands, through their ability to reach out and touch, are true vehicles for healing by being so connected to this heart energy. Pink loves and cares coming from the bigger picture through Divine understanding and thus can more easily love unconditionally from a distance, versus Green who functions “down in the trenches” with much more earthly intensity.

## The Pink Chakra’s Connections



The key functions of the Pink pertain to the lungs, specifically including the lungs ability to exchange with the universe. This means being able to both breath in both the good and the bad, without judgment. The Pink is so inherently well connected to “heaven above” that it is able to know and trust on a very deep level that all is well. For this

connection affords or allows Pink the larger perspective that all shall be well in the end, whether referring to this lifetime or in “the life beyond” (even when everything does not appear to be so well in the present). For this Divine perspective, to which the Pink has access, is able to transcend any limited reality that can only embrace time in a more limited, linear sense requiring a sequencing from “past” to “present” to “future”. Such a limited perspective does not understand that in Divine Time there is no such distinction, as all is one and therefore interconnected. Thus at any Divine Moment all “past/present/future” realities are one. This universal oneness for most, at best, can only be conceptualized. However for those that have good access to the frequency of the Pink Chakra, such distinctions of linear time are automatically bridged, for “love transcends all”. “Pinks” would not necessarily be aware that this is how they view things, they simply do so without thinking about it.

Thus Pink, again like Jesus up on the cross, is able to heal all wounds through unconditional love. Because the Pink’s function is so much involved with breathing in the “breath of life” from the universe (from heaven above), it remains well connected to this Primal Life Force that sustains us. And thus when we are well connected with our Pink Chakra, we by default hold a deep inner understanding that all is perfect. So even this crazy, screwed-up world with all its imperfections, is understood as being perfect. For with such access to the Pink frequency, we are able to love our imperfections, since they are simply part of all of “The Creator’s Creation”. And thus we no longer have the need to judge such as “imperfections”, as all is part of a greater reality of perfection. It is through this unconditional love frequency of the Pink that we can understand life through this lens of love with acceptance for what is, and forgiveness for what is not of our liking. For when we walk such a path that is given to us through Divine Grace, who are we to judge it or not like it, when we have learned to love all that is? So it is through this Pink vibration or frequency that we are able to understand life with all its imperfections and thus no longer judge those things not of our liking as being imperfect. For such things are simply part of a greater scheme of things with their own perfection that we are not able to see or understand without this lens of love.

And how does the Pink do this? Pink is like the “Son of God” with a direct connection to the Violet Chakra above, from which our Divine Inspiration comes from *Heaven Above*. As similarly, Green is like the “Daughter of Goddess” with a direct connection to the Golden Chakra below, from which all Divine Nurturing comes from *Earth Below*. Again, Pink is the Yang, while Green is the Yin side of the heart. And Yang relates directly to *Heaven Above*, while Yin relates directly to *Earth Below*. So it is this deep-seated connection to, and trust in, our own *Heavenly Divinity*, which includes the Divine in everyone and everything, which the Pink Chakra is “hard-wired” to receive and innately understand.

## The Pink Chakra's Disconnections



Then we might ask, how does this get short-circuited, or why do we so easily disconnect from our Pink Chakra? The answer is that we learn, through subconscious programming and from beliefs that we formulate early on in life, that we must judge life in order to understand it for our survival, *as opposed to simply loving life as the key to our survival*. And truly this lesson comes most directly through our biological fathers, who unfortunately for the vast majority of us were not able to be present enough to any great degree to teach us this, as they themselves had long before already disconnected from their Pink Chakras. This may in part explain why the Pink Chakra is usually the first to disconnect and the last to reconnect in our healing process. Along these same lines it is interesting to note how those few men who do have Pink as their only spiritual body chakra present, struggle against societal imprinting with their naturally sweet and loving nature. For very few cultures have dictates that say it is okay for “a real man” to be sweet and loving. Jesus, if he appeared today, would likely be labeled by our current homophobic culture as being “fruity”.

So to briefly go through the Pink Chakra as it presents itself in each of the four bodies/layers of the aura, mentioning both its functional and dysfunctional state:

The Pink Chakra being present in the physical layer is quite rare to find present except perhaps when someone is very young, before it shuts down, or one is newly and/or completely in love. It may also reconnect briefly when one takes a well-needed or appropriate remedy, supplement or even medication, as all healing must start in the heart. This would also hold true for the Green Chakra and often the Opal Chakra as well. Isn't it interesting to note how one being newly and/or completely in love has the same response as taking a well needed remedy? One consciously disconnecting or having a falling out from one's father will typically cause the Pink Chakra in the physical layer to shut down. In fact, most types of closing our hearts to someone else, “holding a grudge” or not being able to forgive someone, will all cause the Pink on this layer to close down.

In the emotional body of the aura, Pink relates to having great sensitivity, understanding and compassion in the emotional subconscious realm. And similarly as with the physical layer, a disconnection from one's biological father will cause restrictions that block the presence of the Pink in this layer. It will often relate to disconnections that took place with one's father in the subconscious that can also relate to an ancestral pattern that can be very difficult to directly identify, being in the subconscious emotions. To give an example, when a young child (even in the womb) feels or senses any type of non-acceptance from his/her father, this can cause one's Pink Chakra in this second layer to shut down.

In the mental body of the aura, Pink issues usually relate to beliefs about being loved or even being lovable. Here one's issues with one's father do not play as big a role, problems here more often relate to a spiritual belief about one's Divine Father, such as believing that one has been forsaken by God. People can also paradoxically disconnect from their Pink Chakra in their mental body by believing that they must love everyone

unconditionally. One cannot truly love someone “unconditionally”, unless someone has already learned to love themselves unconditionally. Unless one does naturally have good access to their Pink Chakra, loving unconditionally can be an almost impossible task and such attempts usually will involve some degree of denial. This is one way many religions “jam” people by making them feel guilty if they don’t love everyone else unconditionally, or even guiltier for loving oneself.

Pink in the spiritual body, as mentioned, relates to someone who is naturally loving and very “sweet”. As with the Green Chakra when it is present in this spiritual layer, it can be very challenging for people to be in this world. People tend to take advantage of those with either Pink or Green present in their spiritual body, for it is easy for them to become like doormats and be used or at least not respected for their naturally kind and loving hearts. For some people when listening to opera, both the Pink and Green Chakras in this spiritual body can be stimulated to both become present at once.

So to summarize, the Pink Chakra is truly lovely to see present in people in any or all layers of their aura. For Pink represents those kind-hearted and loving qualities that wants to help and serve others. It is just that our world as it currently is, simply does not honor, respect or treat those with Pink present with any great respect other than wanting to use and abuse such qualities. So it can be very helpful for those who do have Pink, or any of the heart centers present, to also have Yellow present as well, so they won’t be so easily taken advantage of or used in some way by others, even if this is not done deliberately. In this way the pure vibration of Pink can more readily shine through to the world and offer greater access to this healing frequency of unconditional love.